



Fasting & Prayer Guide 2022

*“For no matter how many promises God has made, they are “Yes” in Christ.
And so through Him the “Amen” is spoken by us to the Glory of God.” 2
Corinthians 1:20 NIV*

The Year of Yes: Season of Fasting & Prayer: January 9 - January 23

Facebook and YouTube daily at 7:00 PM CST

(With the exception of **January 14th and 15th** when the prayer time will be **12:00 PM CST** both days)

Apostle C. Shaemun Webster, Senior Pastor

The Place Where God Is Transforming Lives

What Is Fasting?

Fasting is an intentional denial rooted in a quest to get closer to God. Fasting is a physical sacrifice for spiritual growth and results in our personal lives. Fasting is also designed to break yokes of bondage and become free from demonic influence or oppression. Because the corporate church will be joining together in fasting and prayer, everyone who participates in the fast will see God move powerfully in the church as well as personally. Fasting is a commitment to deny your physical fleshly desires, to increase your spiritual awareness. Fasting requires much prayer and discipline. Fasting is *strictly* between you and God. Do not *advertise* verbally or via social media making it known that you are fasting; do not complain or make unfruitful comments pertaining your sacrifice; to say what you're fasting from or why is just like broadcasting on Facebook how *much* your last financial offering was to God. (Read: Mark 9:29, Matthew 6:18, Isaiah 58:6)

What Is Prayer?

Prayer is your intentional reach for God's direct and specific involvement in your life. Prayer is communication with God, giving thanks, requests and desires, knowing He can and will respond with thought, ideas, situations, people and primarily His Word. (Read: James 5:16)

Daily Intercession at 7 PM CST Facebook Live and YouTube

What Is Meditation?

Meditation is an act of giving your time, focus and attention to God and His Word. To meditate means to consider. Each day during the fast we have provided you with Scriptures; spend quiet time *meditating* on the Word and write down your reflections that come to you during your time of meditation. (Read: Psalm 1, Joshua 1:8)

Fast Details:

24 Hour Fasting Prohibited Items:

No Bread, No Sweets, No Fried Foods, No carbonated drinks, No Meats except fish [pescatarian diet]
100% Fruit Juice

Prohibited activities: no sin that contaminates and pollutes the flesh [including but not limited to: illegal drugs, smoking, cursing, display of anger, sex outside of marriage]

What to Pray For: Dear Heavenly Father, I come humbly before your throne of grace to give thanks for this day and the *Year of Yes experience*. Thank you Lord for the encounter with you during this holy season of fasting and prayer. I am seeking to know you better and more according to Matthew 6:33. Lord, please cleanse me from all sin (Psalm 51), free me from all bondage and cancel every former sin that prevented me from seeing your glory manifested in this realm. Father, I release and dismiss every thought, desire, wish, and will in me that is not like You! Lord, I ask that you will pardon me of any and everything that offends You. Isaiah 58:6 is at work in my life and that during this fast, You are loosing the chains of injustice and untying the cords of the yoke, to set the oppressed free and break every yoke! I declare that my body, mind, and soul are whole according to Isaiah 53 and 3 John 1:2. I humbly seek Thy face and ask for strength, grace, mercy, favor and for a fresh anointing for 2022. I too declare divine protection over my family, friends and church family according to Psalm 91.

I declare as I walk into 2022, my mind will be like that of Christ, my vision will be clear, my health is restored, my youth [energy] is renewed and my faith is strengthened. I plead the blood of Jesus over my family and church family. I pray for Apostle C. Shaemun Webster and The Tower of Prayer Church, the Assembly of Pioneers, and the Body of Christ at large that you will be glorified; miracles, signs and wonders will be manifested continuously in our midst. We strategically come against every satanic attack, plot, plan and scheme against our destiny and the Will of the Father. Every need is met (spiritually, financially, emotionally, and physically); therefore 2022 shall be the year of the manifested promises of God in my life! In Jesus' name, Amen. And it is so!

The year of YES– 14 Days of Prayer Guide

The Word: after certain scriptures, you will see certain abbreviations for different translations and/or versions.

NIV – New International Version, NLT – New Living Translation, NKJV – New King James Version, AMP – Amplified Bible, AMPC – Amplified Classic, KJV – King James Version

Day	Prayer Target	The Word
1 Jan 9	Yes, to repentance, spiritual cleansing Intercessor: Elder Adrienne Nichols	Acts 3:19, Psalm 51:1-13 NLT, 2 Chronicles 7:12-16 HCSB, 1 John 1:9 NIV, Isaiah 43:25-26, 2 Corinthians 5:17, Ephesians 1:7, Psalm 103:12, Micah 7:18-19, Romans 5:1, Romans 1:17, Romans 3:23-24, Isaiah 38:16 NIV, Job 33:25, Psalm 116:8-9, Psalm 23:3,
2 Jan 10	Yes, to sanctification Intercessor: Minister Raven Moore	Proverbs 22:6, Joshua 24:15, Psalm 127:3, Colossians 3:20, Deuteronomy 5:16, Acts 16:31, Proverbs 17:17, 1 Kings 8:57 NIV, Proverbs 13:20, 2 Corinthians 6:14, Genesis 2:18, Proverbs 18:24, Genesis 1:26-27
3 Jan 11	Tower of Prayer Church Leadership, AOP, The Ark Huntsville Intercessor: Kenisha Shamburger	1 Corinthians 1:10 NIV, Psalm 133, Ephesians 4:11-12, Ephesians 4:3, 1 Corinthians 12:12-13, Ephesians 4:16, Matthew 16:13-19, Acts 2:41-47 NLT, Haggai 2:9, Jeremiah 3:15, Jeremiah 29:7 NIV, Amos 9:13 NIV, Ezekiel 48:35 NIV (The Lord is where I reside)
4 Jan 12	Yes, to Deliverance from Demonic Oppression, Bondage, and Sin Intercessor: Elder Marlin Ward	Psalm 91 NKJV, Psalm 27:1-4, 2 Thessalonians 3:3, Deuteronomy 31:6, Isaiah 41:10, Psalm 5:11 NIV, Psalm 20:1, Psalm 34:19, Psalm 46:1, Psalm 57:1, Psalm 138:7, Psalm 140:4
5 Jan 13	Yes, to God's Creativity, Success, Execution of Goals Intercessor: Minister Kimberly Oden-Webster	Proverbs 22:29, Genesis 1:1, Genesis 1: 27 Jeremiah 10:12 Deuteronomy 2:7 NLT, Deuteronomy 30:9 NLT, 1 Peter 4:10 NIV, Joshua 1:7-8 KJV Psalm 104:24, Romans 1:20,
6 Jan 14	Yes, to Godly Relationships, Divine Connections, Marriages, Family, Children, Singles, Sexual Purity Intercessor: Minister Rebecca Davis	Romans 13:8, Malachi 3:8-10, Proverbs 13:22, Deuteronomy 28:1-14, Proverbs 3:9-10, Philippians 4:19, 2 Corinthians 9:8, Jeremiah 17:7-8, Genesis 13:2 AMP, Genesis 26:12-14 AMP, Exodus 23:30 AMP, Genesis 39:2-4 AMP, Numbers 23:19 KJV

Day	Prayer Target	The Word
7 Jan 15	Yes, to Kingdom Partnerships in the Marketplace, Business, and Entrepreneurship Intercessor: Elder Cory Stallworth	Deuteronomy 28:12, Deuteronomy 2:7 NLT, Deuteronomy 30:9 NLT, 1 Peter 4:10 NIV, Joshua 1:7-8 KJV, Psalm 37:18-19 NLT, Nehemiah 6:9 NIV, Isaiah 48:17 KJV, Exodus 35:30-33, 1 Kings 3:12 NKJV, 1 Timothy 4:14-15
8 Jan 16	Prayers for the Ongoing Pandemic and All Variants of the Disease. Intercessor: Minister Patricia Campbell	Exodus 15:26, Exodus 23:25, Psalm 30:2, Isaiah 53:4-5, Psalm 103:2-4, Psalm 41:2-3, Psalm 147:3, Jeremiah 17:14, Matthew 9:35, Luke 8:43-48, 1 Peter 2:24, Psalm 118:17, Psalm 105:37, Deuteronomy 29:5, Malachi 4:2, Isaiah 58:8, Matthew 9:28-30
9 Jan 17	Yes, to Godly Provision Intercessor: Minister Quanetta Montgomery	Exodus 23:30 AMP, Genesis 39:2-4 AMP, Numbers 23:19 KJV, Deuteronomy 30:9 AMP, Matthew 6:31-34 2 Corinthians 9:8, 2 Peter 1:3, Job 38:41, John 10:10, 2 Kings 4:1-7 NLT,
10 Jan 18	Yes, to a Prayer Life Intercessor: Chantel Cox	Jeremiah 29:12 NLT Ezekiel 22:30 NIV, Jeremiah 32:27 NIV, Luke 9:16-17 NIV, Luke 1:37 NIV, Matthew 17:20 NIV, Luke 13:10-17 NIV, Exodus 14:15-31 NLT, 1 John 5:15-16 2 Chronicles 6:2, Ephesians 1:18, Job 22:27
11 Jan 19	Yes, to Faith Intercessor: Deidre Long	Hebrews 11:1, Hebrews 11:6 Hebrews 4:16, James 4:6, Ephesians 2:4-9, Psalm 5:12, Psalm 8:4-6, Psalm 103:4-5, Jeremiah 33:3, Mark 10:27 NIV, Mark 9:23 NIV, 2 Corinthians 9:8, 2 Corinthians 4:10 NKJV, Psalm 89:34, Joshua 23:14 NLT, Isaiah 49:25 NKJV, John 16:13, Psalm 34:9-10, Ephesians 3:20, Hebrews 10:23
12 Jan 20	Yes, to the Blessing of the Lord, Divine Grace, Favor & Manifested Promises Intercessor: Dedria Ward	Psalm 65:11 NLT, Psalm 20:4, Numbers 6:24-26, Jeremiah 29:11, Matthew 5:8-9, Psalm 149:4, John 20:29 NKJV, Proverbs 10:7 NIV, Hebrews 11:1-6, James 1:17, Philippians 4:6-7, Matthew 28:20, Isaiah 55:10-11 KJV, 1 John 5:14, 2 Corinthians 12:8-9 NLT, NIV, 2 Peter 1:2 NIV

Day	Prayer Target	The Word
13 Jan 21	Yes, to Supernatural Victory Intercessor: Elder Michael-Elliot Rice	Psalms 91, 27:1-4, 2 Thessalonians 3:3, Isaiah 41:10, Psalm 5:11 NIV, Psalm 57:1, Psalm 138:7, Psalm 140:4, 1 Thessalonians 5:23-24, 2 Corinthians 4:8-9, 2 Samuel 22:3-4, Isaiah 54:17, Job 1:6-10, Ephesians 6:11, Psalm 32:7
14 Jan 22	Yes, to Wealth, Prosperity, and Kingdom Philanthropy Intercessor: Tomeka Lewis	Deuteronomy 28:12, Proverbs 3:9-10, Luke 12:15 NLT, Philippians 4:19, Proverbs 10:22, 2 Corinthians 9:8, Jeremiah 17:7-8, Genesis 2:12 AMP, Genesis 26:12-14 AMP, Psalm 37:18-19 NLT, Nehemiah 6:9 NIV, Isaiah 48:17 KJV, Exodus 35:30-33, 1 Kings 3:12 NKJV, 1 Timothy 4:14-15
15 Jan 23	The Year of Yes Word of the Lord: Apostle C. Shaemun Webster	2 Corinthians 1:20 NIV Genesis 22: 1-18 NIV

During this season of prayer and fasting, you will consecrate your own water and oil. (Exodus 23:25, James 5:14, Exodus 29:7, Mark 6:13, Hebrews 1:9, Leviticus 8:12, Psalm 92:10)